

## How to use this enema:



- Shake bottle well before removing protective shield.
- **REMOVE ORANGE PROTECTIVE SHIELD FROM ENEMA COMFORTIP® BEFORE INSERTING.**
- With steady pressure, gently insert enema tip into rectum with a slight side-to-side movement, with tip pointing toward navel. Insertion may be easier if person receiving enema bears down, as if having a bowel movement. This helps relax the muscles around the anus.
- **DO NOT FORCE THE ENEMA TIP INTO RECTUM AS THIS CAN CAUSE INJURY**
- Squeeze bottle until nearly all liquid is gone. It is not necessary to empty the bottle completely, as it contains more liquid than needed.
- Remove Comfortip® from rectum and maintain position until urge to evacuate is strong (usually 5 to 20 minutes).
- **If constipation continues after one week of use, contact your doctor.**

## Positions for using this enema:



- **Left-side position:** lie on left side with knee bent, and arms resting comfortably



- **Knee-chest position:** kneel, then lower head and chest forward until left side of face is resting on surface with left arm folded comfortably

## **Drug Facts**

### **Active ingredient (in each 30-mL delivered dose) Purpose**

Bisacodyl  
10 mg .....Stimulant laxative/  
bowel cleanser

**Use** for relief of occasional constipation or bowel cleansing before rectal examinations

### **Warnings**

For rectal use only

**Ask a doctor before using any laxative if you have**

- abdominal pain, nausea, or vomiting
- a sudden change in bowel habits lasting more than 2 weeks
- already used a laxative for more than 1 week

**This product may cause abdominal discomfort, faintness, rectal burning, and mild cramps**

**Stop use and ask a doctor if you have**

- rectal bleeding
- no bowel movement within 20 minutes of using this product

These symptoms may indicate a serious condition.

**Keep out of reach of children to prevent accidental ingestion. If swallowed, get medical help or contact a Poison Control Center right away.**

### **Directions**

Single Daily Dosage (per 24 hours)

adults and children 12 years and over	1 bottle per day
children under 12 years	DO NOT USE

### **Other information**

- this product usually produces a bowel movement in 5-20 minutes
- store at temperatures not above 86° F (30° C)
- for complete professional use warnings and precautions, consult the Reference Safety Information on our website
- **BOTTLE SEALED FOR SAFETY. IF BOTTLE WRAPPER WITH FLEET® EMBLEM IS TORN, DAMAGED OR MISSING, DO NOT USE.**