

## **Drug Facts**

### **Active ingredients (in each 118 mL delivered dose) Purpose**

Monobasic sodium  
phosphate 19 g..... Saline laxative  
Dibasic sodium  
phosphate 7 g..... Saline laxative

**Use** for relief of occasional constipation.  
This product usually produces a bowel movement in 1 to 5 minutes.

### **Warnings**

**Using more than one enema in 24 hours can be harmful.**

#### **For rectal use only**

#### **Do not use**

- for more than 3 days
- if you have kidney disease
- if you have heart problems
- if you are dehydrated
- when abdominal pain, nausea, or vomiting are present unless directed by a doctor

**Ask a doctor before using this product if you**

- are 55 years of age or older
- are on a sodium-restricted diet
- have a sudden change in bowel habits lasting more than 2 weeks
- already used a laxative for more than 1 week

**Stop use and ask a doctor if you have**

- rectal bleeding
- no bowel movement or no liquid comes out of the rectum after 30 minutes
- symptoms of dehydration [feeling thirsty, dizziness, vomiting, urinating less often than normal]

These symptoms may indicate a serious condition.

**If pregnant or breast-feeding, ask a health professional before use.**

**Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away.

### **Directions**

Single Daily Dosage (per 24 hours).  
Do not use if taking another sodium phosphates product.

**Do not use more unless directed by a doctor. See Warnings.** ▶

**Tamper Evident:** bottle sealed for safety. If bottle wrapper with "Flexi" emblem is torn, damaged or missing, do not use.

## Drug Facts (continued)

adults and children 12 years and over	1 bottle per day
children 2 to 11 years	use Fleet® Pedia-Lax® Enema
children under 2 years	DO NOT USE

If no urge is felt after 5 minutes of using, try to empty bowel. Call a doctor promptly if no liquid comes out of the rectum after 30 minutes because dehydration could occur.

### Other information

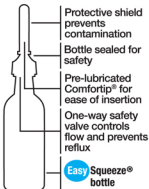
- each 118 mL delivered dose contains: sodium 4.4 g
- additional liquids by mouth are recommended while taking this product
- for complete Professional Use, Warnings and Precautions, consult the Reference Safety Information on our website

### Inactive ingredients

benzalkonium chloride, disodium EDTA, purified water

Questions? 1-866-255-6960 or  
[www.fleetlabs.com](http://www.fleetlabs.com)

Complete enema in a  
disposable squeeze bottle with  
soft, pre-lubricated Comfortip®



Fleet® Enemas are LATEX-FREE

Mfd. by C.B. Fleet Company, Inc., Lynchburg, VA 24502 USA  
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## How to use this enema:

- REMOVE GREEN WRAPPER WITH FLEET® EMBLEM AND ORANGE PROTECTIVE SHIELD FROM ENEMA COMFORTIP® BEFORE INSERTING.



- With steady pressure, gently insert enema tip into rectum with a slight side-to-side movement, with tip pointing toward navel. Insertion may be easier if person receiving enema bears down, as if having a bowel movement. This helps relax the muscles around the anus.
- Stop using if tip is hard to insert. Forcing the tip into the rectum can cause injury (especially if you have hemorrhoids). If enema tip causes rectal bleeding or pain, get immediate medical care.
- Squeeze bottle until nearly all liquid is gone. It is not necessary to empty the bottle completely, as it contains more liquid than needed.
- Remove Comfortip® from rectum and maintain position until urge to evacuate is strong (usually 1 to 5 minutes).

## Positions for using this enema:



- Left-side position: Lie on left side with knee bent, and arms resting comfortably.



- Knee-chest position: Kneel, then lower head and chest forward until left side of face is resting on surface with left arm folded comfortably.

\*Based on laboratory data